

Lunch Menu

Appetizers & Shareables

New England Clam Chowder -	5/7
Thai Calamari - Lightly breaded squid and scallions served with a Thai sweet chili sauce	14
NEW Lobster Mozzarella Flatbread - Fresh mozzarella cheese, tomatoes, and basil drizzled with a spicy habaero sauce	19
Onion Rings - Thick sweet onions, battered and fried with a cajun remoulade for dipping	6
Spinach & Artichoke Dip - Served warm with pita points	11
Shrimp Cocktail - Jumbo shrimp served cold with cocktail sauce	15
Lobster Quesadilla - Lobster meat with cheese, tomato, jalapeno and grilled scallions between corn and flour blended tortillas garnished with mango pineapple salsa	18
Portobello Flatbread - Fresh Portobello mushrooms with mozzarella cheese, roasted red peppers, sun-dried tomato pesto and spritzed with white truffle oil	12
Pesto Chicken Flatbread - Roasted red peppers, fresh spinach, grape tomatoes with fresh mozzarella and basil pesto	11
NEW Jumbo Stuffed Shrimp - 4 large shrimp stuffed with crab meat stuffing and served with our key lime butter	15

Salads

Strawberry Grain - Chopped romaine and baby kale topped with sliced strawberries, quinoa, goat cheese and toasted almonds, served with fresh lemon vinaigrette. Petite version 7	12
NEW Roasted Beet & Apple - Brown sugar and almond crusted goat cheese on a bed of fresh spinach with dried cranberries and the house specialty key lime vinaigrette	10
NEW Lobster Cobb - Chopped cold water lobster meat, fresh cucumber, vine-ripe tomato, chopped bacon, and blue cheese served atop artisan spring mix with a champagne vinaigrette	18
Baby Kale and Romaine Caesar - Parmesan cheese, grape tomatoes, house made croutons and garbanzo beans. Petite version 6.	10
Sandpiper - Mixed greens, fresh berries, tomatoes, radish, carrots and toasted almonds with our house made key lime vinaigrette. Petite version 6	9
Add one of the following proteins to any of the salads listed above - All Natural Chicken 5, Salmon* 8, Jumbo Shrimp 8, Mahi Mahi 7, Apple Pecan Chicken Salad 5, Tuna Salad 4	
NEW Trio Salad - Scoop each of our classic Tuna Salad, Apple Pecan Chicken Salad, and Egg Salad on a bed of artisan greens with carrots, tomato, cucumbers and balsamic vinaigrette	14

Sandwiches

North Beach Cheeseburger* - American, Swiss, or cheddar on a brioche bun with lettuce, tomato, and red onion Add bacon for 1.00 or caramelized onions for .50	14	NEW Lump Crab Cake Sandwich - Served with roasted corn salsa, mustard aioli, lettuce, tomato and red onion on a toasted brioche bun	14
Lobster Sliders - Two toasted slider buns topped with lobster salad and shredded lettuce	19	BBQ Pork Sliders - Three sliders with slow roasted pork tossed in BBQ sauce	12
NEW Grilled Vegetable Club - Grilled portobello mushroom, zucchini, yellow squash, roasted red peppers, tomatoes, sautéed spinach with Boursin and mozzarella cheese drizzled with balsamic vinaigrette, served on a ciabatta roll	14	LOW CARB Cutting carbs or looking to lessen your gluten intake? - Ask your server if your favorite is available without the bun or with gluten free bread!	

Entrées

Quiche Lorraine - House made individual quiche with Swiss cheese, smoked bacon and green onions, served with side of fruit	15	NEW Blackened Shrimp Tacos - Three tacos filled with lightly blackened shrimp, shredded lettuce and pico de gallo with a habaero aioli	19
Shrimp Scampi - Sautéed jumbo shrimp with garlic, parsley, butter and white wine served over linguine pasta and garnished with garlic toast	28		

Please remember that shoes, cover-ups and member cards are required for service at restaurants and retail venues. Please also note that Pelican Bay is a smoke-free campus.

Lunch Menu available 11:30 AM-4 PM
 Dinner Menu available 5 PM-8:30 PM
 Bar Menu available 4 PM-8:30 PM

Lunch Menu

Pick Two

Choose 2 items: petite salad, 1/2 sandwich or a cup of the soup of the day or New England Clam Chowder \$12

Petite Salads

Full descriptions available under SALADS

Baby Kale & Romaine Caesar

Sandpiper

Strawberry Grain

1/2 Sandwiches

Whole versions are also available for an additional cost

Tuna Salad Croissant

Pelican Bay Club

Apple Pecan Chicken Salad

Pelican Bay Favorites

A few of our more popular dishes. Each menu item comes with your choice of French Fries, fresh fruit, coleslaw, or potato chips unless otherwise noted with a ^ symbol.

Cheeseburger or Hamburger - 4 oz beef patty with or without American Cheese, served with lettuce, tomato, and red onion	8.5
Chicken Quesadilla^ - Mildly seasoned chicken, fresh cilantro, scallion, tomato, and cheddar jack cheese served with sour cream and salsa fresca	13
Beer Battered Fish & Chips - Fried Haddock with french fries, coleslaw, tartar sauce and fresh lemon	20
Looking for a smaller portion? Try the Petite Fish & Chips 12	
Chicken Tenders - Three tenders served with BBQ sauce	9
Jumbo Hot Dog - Grilled quarter pound kosher dog	8
Mahi Sandwich - Grilled or blackened, with tartar sauce, brioche bun, lettuce, tomato and red onion	14
Adult Grilled Cheese - Cheddar cheese with tomato and bacon on 7-grain. Prefer the classic? Ask your server for the Old Fashioned Grilled Cheese 8	10
Grilled Salmon* - Served grilled or blackened	14
Make it a sandwich with a toasted bun and lettuce, tomato, and red onion for \$1	
All Natural Grilled Chicken Breast - Served grilled or blackened	8.5

During the lunch period, we politely decline to split any plates in the kitchen; however, we will provide an extra plate at no additional cost. Your server can also give you additional side options available for purchase.

Featured Wines

Chardonnay, DeLoach Heritage Reserve - Nicely integrated citrus and honey notes with tropical flavors of pineapple, papaya and mango	7.5/28
Pinot Noir, DeLoach Heritage Reserve - Well balanced with flavors of Queen Ann cherry and cranberry with a touch of spice	8.5/32
Sauvignon Blanc, Raymond R Collection - Pineapple, lychee and green apple flavors with crisp acidity with a smooth mineral finish	7.5/28
Cabernet Sauvignon, Raymond R Collection - Flavors of bright berries and plums, and soft round tannins	8.5/32

Beverages

Coffee/Tea	2.75
Soda Selections - Coke, Diet Coke, Sprite, Sprite Zero, Minute Maid Lemonade Light, Pink Lemonade, Vitamin Water XXX, Ginger Ale	2.75
Sparkling Water	4.25

Cocktails

Coconut Crush - Parrot Bay coconut rum, Sprite and muddled citrus and cherries	8
Paradise Punch - Light rum, orange & pineapple juices, with a splash of dark rum and grenadine	9
St. Germain Limeade - St. Germain herbal liqueur, vodka, lemonade and muddled limes	9
Bikini - Smirnoff vodka, pink lemonade and splash of cranberry	8

Take a look through our Wine and Cocktail Book for more selections and our current beer and wine offerings.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.